Indiana – Kentucky

2016

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INTRODUCING...

NCAA

NCAA (National Collegiate Athletic Association) was created in 1905 by president T. Roosevelt, and includes 24 different sports for both men and women

At present 1100 universities organized in 3 divisions are part of it:

DIVISION I:	DIVISION II:	DIVISION III:
Scholarships are offered. There must be 14 sports.	Scholarships are offered. There must be 10 sports.	Scholarships are not offered. There must be between 5 and 6 sports.

INTRODUCING...

NCAA

NCAA BASKETBALL

Division I is formed by a total of 347 universities, divided into 32 conferences. To nominate a winner, NCAA set up what is known as March Madness, where the 68 best universities face each other in a single game mode until just one champion remains..

NCAA RULES

The NCAA establishes some guidelines for all teams which participate in this competition.

- No player on a grant will receive purchasing benefits for playing.
- Sportsmen on a scholarship must pass school subjects every year with an average grade of 2.3.
- 20 hours' weekly work cannot be exceeded, considering that every game equals 2 hours.
- The work done on the court is not the only one that counts, in fact also other types of tasks such as watching videos and attending meetings with the technical staff are included.

INTRODUCING...

NCAA

TITLE IX

" No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance"

June 23, 1972, Title IX

Three requirements:

- Men and women participation must be proportionally the same as in education.
- The educational institution must provide opportunities to develop women's interests and skills.
- The existence of sufficient interest to propose a new women sport, their ability and talent to maintain it and reasonable expectancy to compete must be determined.

INTRODUCING...

INDIANA UNIVERSITY

5 NCAA National Championships ('40, '53, '76, '81 y '87)

HEAD COACH

Tom Crean

ASSISTANT COACHES

Tim Buckley

Chuck Martin

Rob Judson

- To perform as first coach, a university degree is required.
- There is no specific coach association to become member of.
- Uno de los mejores programas de mejora de tiro

INTRODUCING...

UNIVERSITY OF KENTUCKY

8 NCAA National Championships
('48, '49, '51, '58 '78, '96, '98 y '12).

HEAD COACH

John Calipari

ASSISTANT COACHES

Kenny Payne

Tony Barbee

John Robic

- To perform as first coach, a university degree is required.

- There is no specific coach association to become member of.

- In the University of Kentucky equal importance is given to male and female basketball. This means that, with no exception, the same resources are made available to both teams.

INTRODUCING...

UNIVERSITY OF LOUISVILLE

3 NCAA National Championships ('80, '86 y '13)

HEAD COACH

Rick Pitino

ASSISTANT COACHES

Kenny Johnson

Mike Balado

- To perform as first coach, a university degree is required.
- There is no specific coach association to become member of.

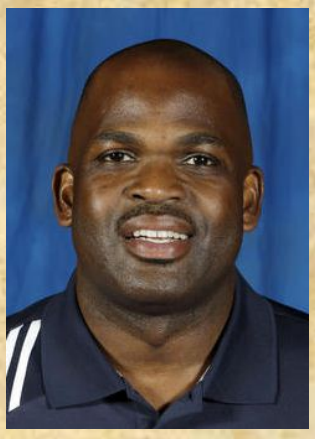
INTRODUCING...

INDIANA PACERS

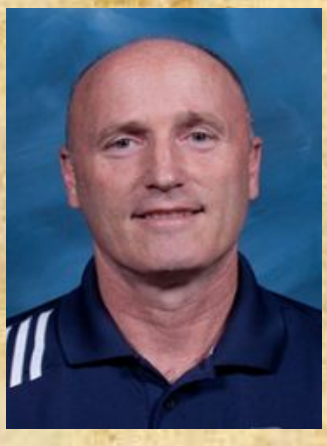
HEAD COACH

ASSISTANT COACHES

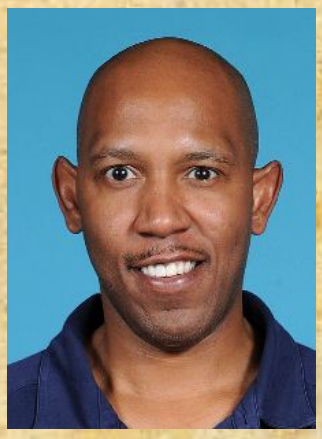
Frank Vogel



Nate McMillan



Dan Burke



'Popeye' Jones

•No certificate is required to coach an NBA team. Qualified and experienced coaches can apply for the post, as well as former players, assistant or college coaches.

• A coach association exists although not within a legal framework. The purpose of this association is to give opinions and share different perspectives.

FROM WITHIN...

SCHOLARSHIP SYSTEM

KENTUCKY

Each university is able to offer up to 13 scholarships to men and 15 to women to complete their roster. Not all scholarships must be necessarily awarded at the beginning of the season, as some players might join once it has started

ROSTER RECRUITMENT AND COMPOSITION

NCAA roster is formed by 13 male players or 15 female ones. It varies year after year depending on personal or team interests. As a consequence, when it comes to shape a team, turnover is taken into high consideration.

The number of team additions is exact, as the new players who commit to the university take the decision in November. The difficulties in designing a team are related to the turnover.

FROM WITHIN...

MATCH PREPARATION

MATCH PREPARATION

In the preparation of every match played by the Indiana University not only the technical staff is involved. In fact, they are also helped by scholarship holders who index every minute of the match to make the coaches' work easier.

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- All coaches watch the match and share their notes.
- One of them edits the visual content.
- Usually they watch a minimum of seven rival teams' matches, no matter if they are of the current or previous season.
- Each match is watched at least twice. First it is observed as usual, while later, characteristics, details and patterns are recorded.

FROM WITHIN...

NBA ROSTER COMPOSITION

RECRUITING

The Indiana Pacers have seven talent scouts scattered all over the world. They share their reports on a database which can be directly accessed by any of them.

The "Synergy" software, where they find matches of players to be watched, as well as detailed analysis of distinctive plays, moves and actions, is of great help to them.

The psychology of the player to be observed has a lot of importance and for this reason the talent scouts are also interested in gathering information on their personality.

The decisions over rosters are taken during the summer. Not too many changes should be made as continuity is promoted.

The roster is formed by 15 players, Three of them move on to the associated D-League team. Both teams are closely connected as they share the same philosophy.

THE TACTIC OF... RICK PITINO

FULL COURT PRESS DEFENSE

The teams managed by Rick Pitino are characterized by an aggressive full-court defense. This is meant either to score easy points, or make the opposing team lose the ball, or generate doubts and make them feel uncomfortable on the court.

The defense applied by Pitino is based on a series of rules, which adapt to the opposing team or to the position of the opponents on the court.

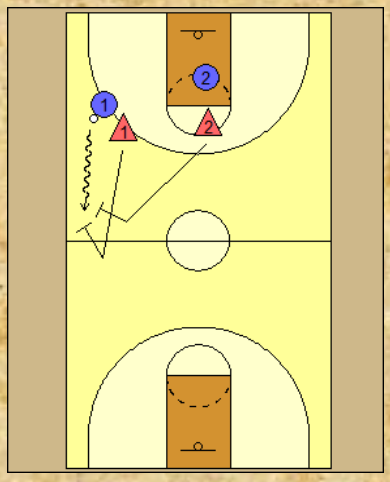
To apply a full-court defense, some rules must be clear:

- Presión sobre jugador con balón.
- Pressing on the player with the ball.
- Defense on the player without the ball, without losing sight of it.
- Depending on the velocity of the forward player with the ball, it is decided whether to trap or not.
- Trap is applied whenever possible.
- Avoid fouls.
- Avoid central dribble.
- If the offense bypass the defense, try to restore the balance.
- The defense bring the ball to the desired destination, not letting the attack dribble comfortably.
- Communication among players.

THE TACTIC OF... RICK PITINO
FULL COURT PRESS DEFENSE

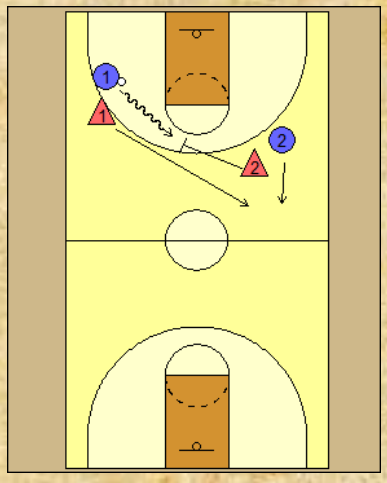
SITUATION 1:
The forward player dribble towards the sideline

Apply trap whenever possible.



SITUATION 2:
The forward player dribbles towards the center.

The least desired situation. If this happens, a jump switch and an attempt to go back towards the sideline to trap will take place.



SITUACTION 3:
Trap from baseline.

Trap will be performed if the player who receives the ball is in good position. If this passes the ball, a defensive change will be made.

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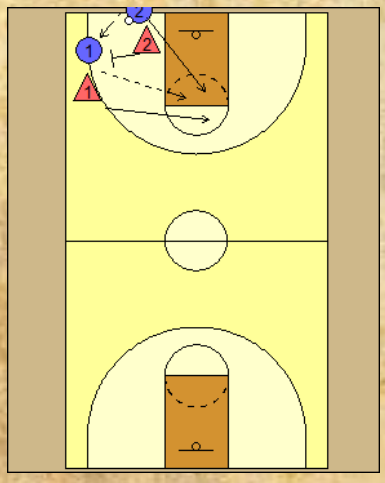


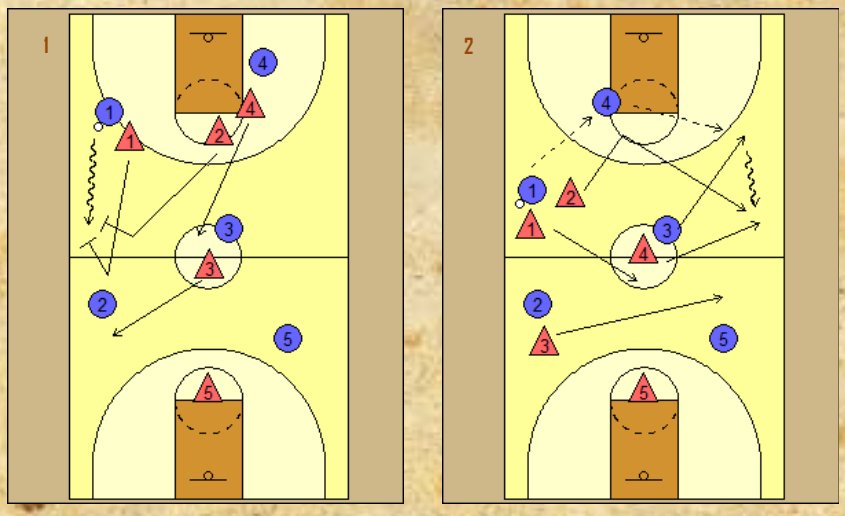
THE TACTIC OF... RICK PITINO

FULL COURT PRESS DEFENSE

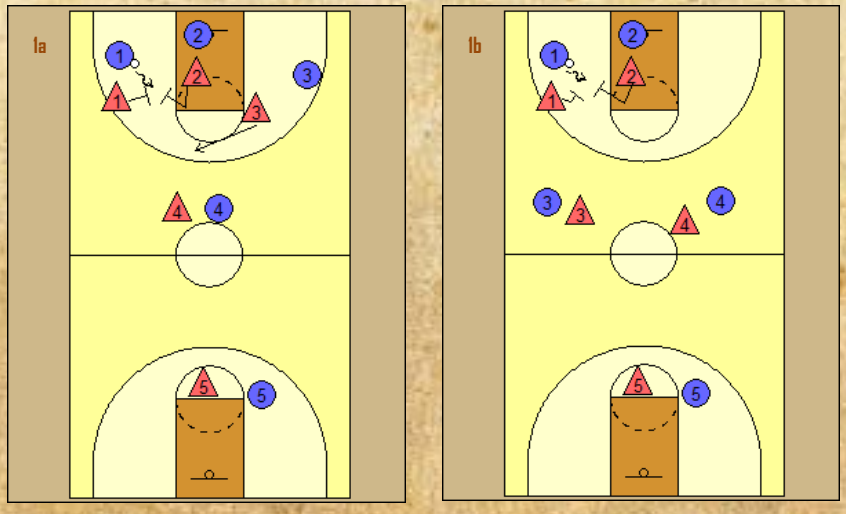
Press defenses sometimes imply some risks. For this reason it is important that all players clearly understand the rules and that they communicate with each other. In relation to that, defensive rotation and balance will be key factors to be successful.

ROTATIONS

- The forward player dribble towards the sideline



- The forward player dribbles towards the center



ON THE COURT WITH... RICK PITINO

•First NCAA coach to get to the Final Four with three different universities: Providence ('87), Kentucky('93, '96, '97) y Louisville ('05, '12, '13).

• First coach to obtain the NCAA title with two different universities: Kentucky ('96) y Louisville ('13).

TRAJECTORY

1974 – 1976	Hawaii Assistant Coach
1976 - 1978	Syracuse Assistant Coach
1978 - 1983	University of Boston
1983 - 1985	New York Knicks Assistant Coach
1985 - 1987	Providence
1987 - 1989	New York Knicks
1989 - 1997	Kentucky
1997 - 2001	Boston Celtics
2001 - Actualidad	University of Louisville

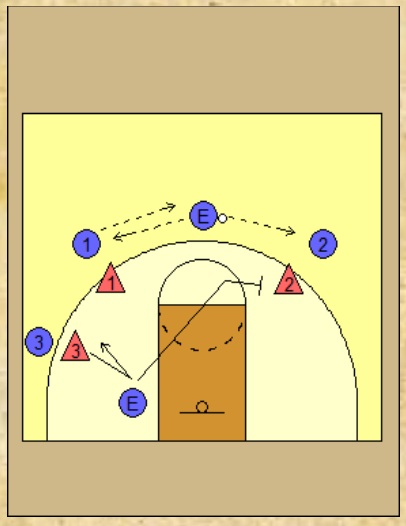
ON THE COURT WITH... RICK PITINO

• WARM UP

- Individual shot
- Stretching and articular mobility
- 5x0 weave 2 courts

• MAIN PART

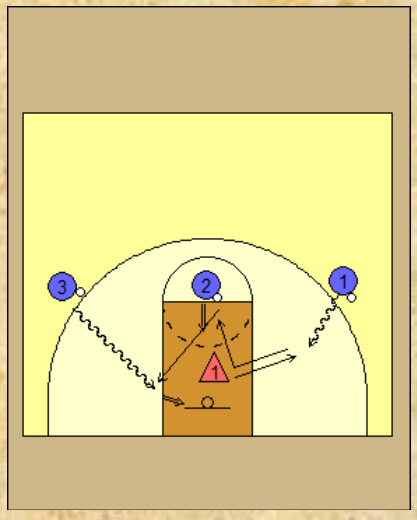
-Specific work for swing men



Pick and Roll Defense :

a) Pursuit
b) Deny
c) Pass by 2nd Window

-Specific work for forwards

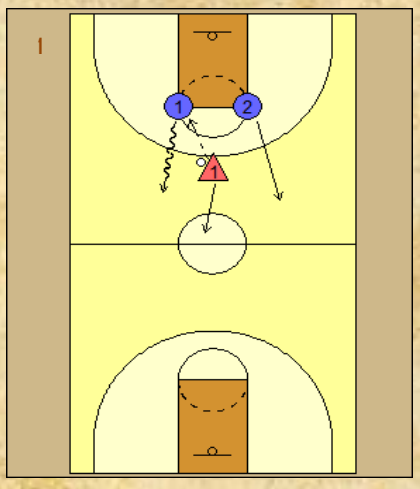


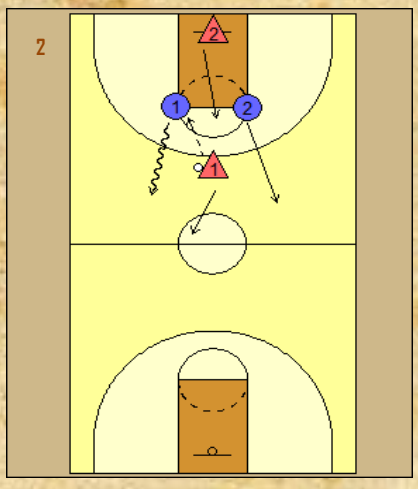
Lateral work :

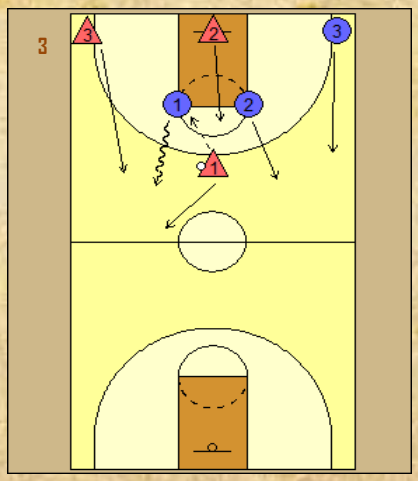
a) Stop penetration
b) Tap the shot and block
c) Intimidation

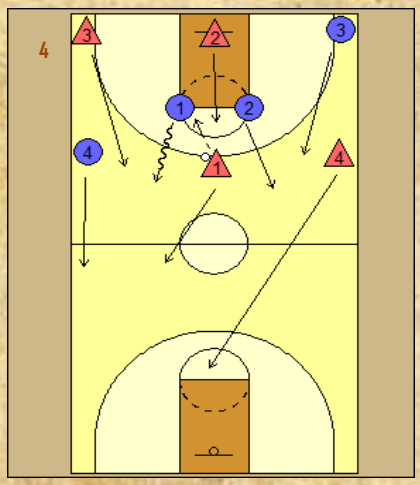
ON THE COURT WITH... RICK PITINO

-Work on defensive balance (2x1, 2x2, 3x3, 4x4)





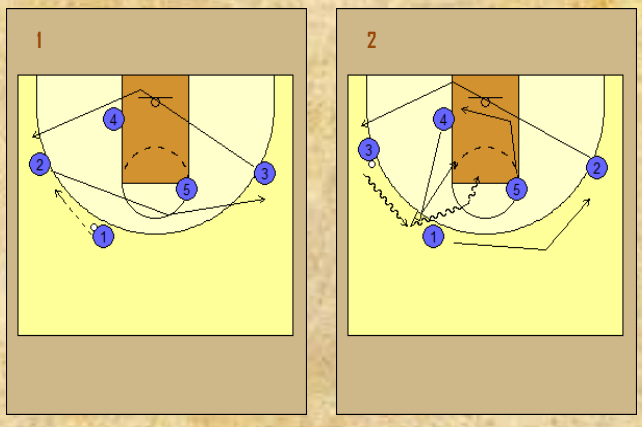




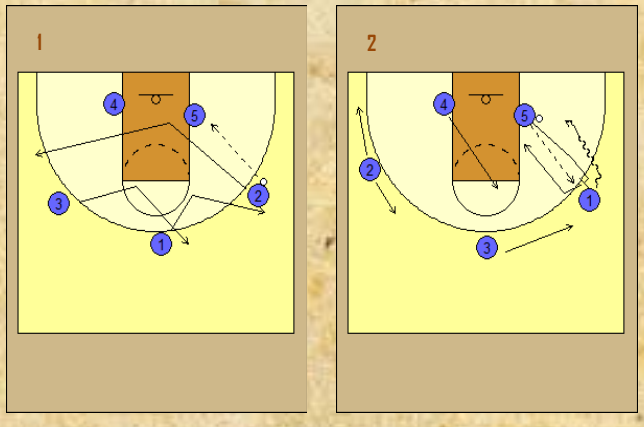
ON THE COURT WITH... RICK PITINO

- Special play

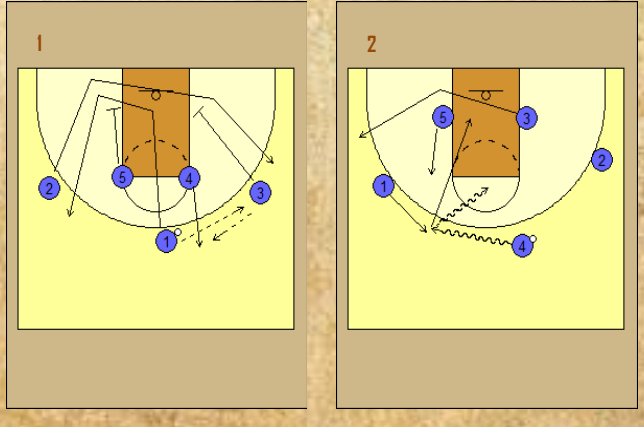
CIRCLES



INSIDE



UP



ON THE COURT WITH... FRANK VOGEL

- '13 Finalist Eastern Conference
- '14 All Star Game Coach Eastern Conference

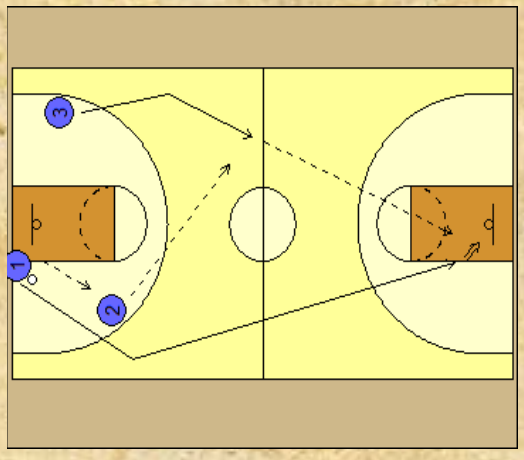
TRAJECTORY

2001 – 2004	Boston Celtics Assistant Coach
2004 – 2005	Philadelphia 76ers Assistant Coach
2005 – 2006	Scouting Los Ángeles Lakers
2006 – 2007	Scouting Washington Wizards
2007 – 2011	Indiana Pacers Assistant Coach
2011 – 2016	Indiana Pacers

ON THE COURT WITH... FRANK VOGEL

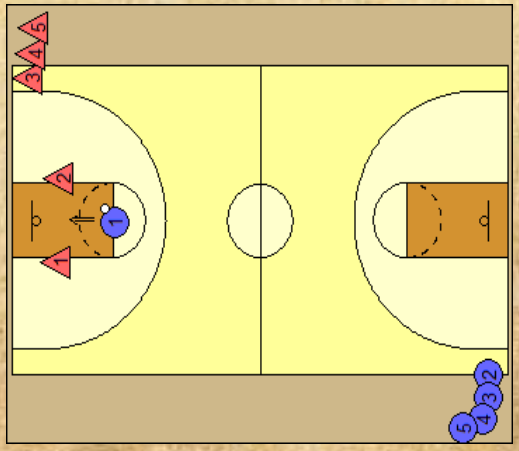
• WARM UP

- Individual shot
- Stretching and articular mobility
- 3x0 weave 4 courts



• MAIN PART

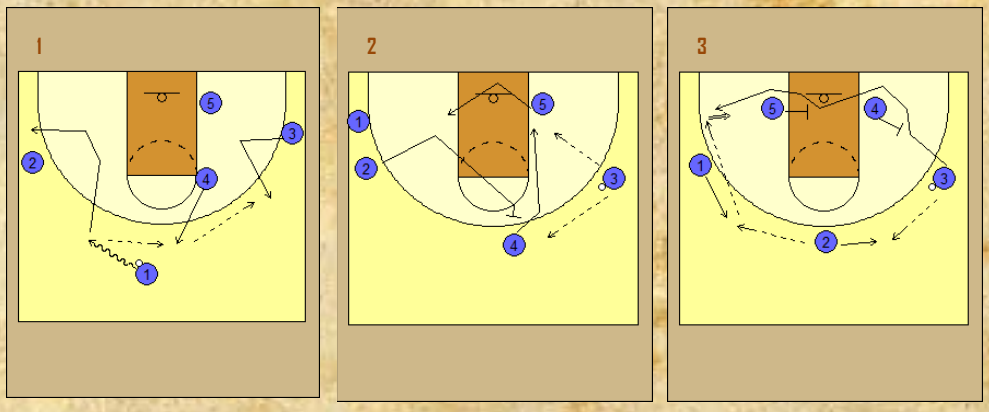
- 9'' full court possession
- Superiority and equalities (2x1,2x2,3x2,3x3,4x3,4x4,5x4,5x5) + 3' match



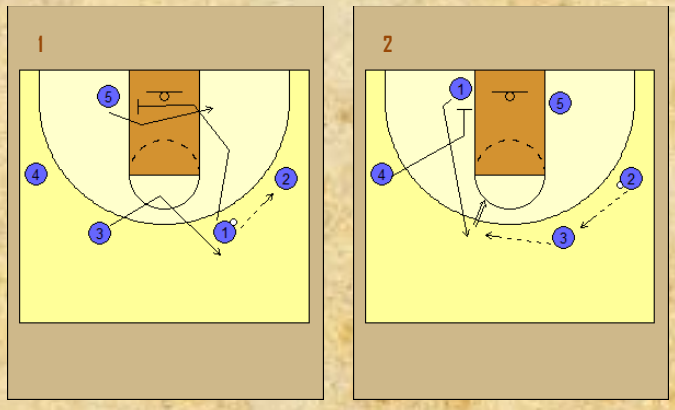
ON THE COURT WITH... FRANK VOGEL

- Special play

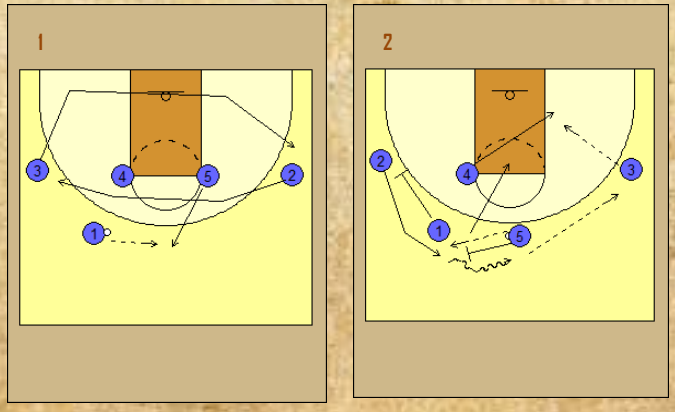
PLAY 1



PLAY 2

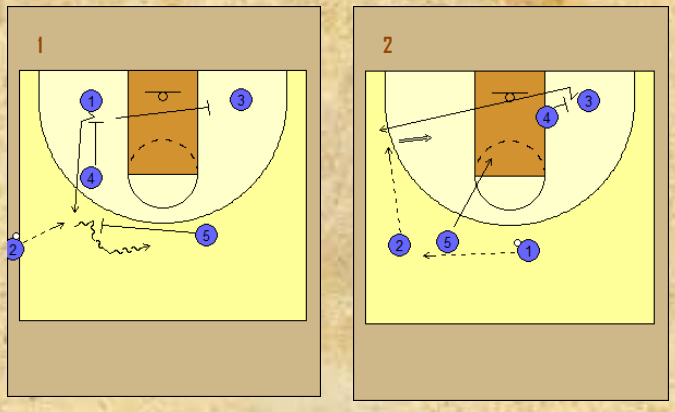


PLAY 3

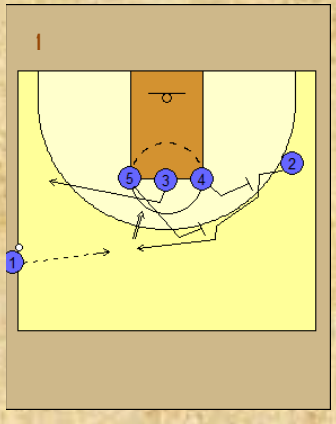


ON THE COURT WITH... FRANK VOGEL

SIDELINE PLAY



SIDELINE PLAY LAST SECONDS



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